

PRAYERS OF *surrender*

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God, I cannot control...

God, help my choices today to reflect that fact that I am not the one in control of _____'s life outcomes or momentary choices.

Lord, the last time I became overcome with _____ (anger, fear, anxiety, perfectionism), I admit that I was putting the burden of control back onto my own shoulders.

Help me to entrust _____'s life to you, knowing that you love and are for him/her.

God, I believe you have far more understanding than I do of what is best for _____.

God I will trust you with all of my heart, and not lean on my own limited understanding (Prov. 3:5), especially in the situation with _____.

God, I've been trying to control...

God, I see that you've been using the situation with _____ to help me see that I'm not the one in control.

Lord, I see that I've been trusting in myself to cause _____ in the situation with _____.

Lord, my _____ (anger, anxiety, fear, perfectionism) is a sign that I've been trying to control _____, rather than surrendering to You.

Lord, my _____ (anger, anxiety, fear, perfectionism) is my reaction to losing control of _____, but I believe you do have control.

God I will lean on You, not me, in the situation with _____.
(Psalm 107:25, Prov. 3:5-6).

God, You are in control!

God, today I lift my eyes to Creation which reminds me of your _____ (power, faithfulness, goodness, kindness).

God, today I lean in and examine the details of _____ which remind me of your _____ (power, faithfulness, goodness, kindness) in my life and I worship you.

Lord, Proverbs 16:33 says that we might throw the dice, but you determine how they fall, so I believe that you are sovereign over both the outcomes of _____ and the details with _____.

God, you know I want _____ for _____. Help me to surrender this to you, saying (as Jesus did), "Not my will, but yours be done." (Luke 22:42).

God, I entrust my story to You.

Lord, I am frustrated/hurting about _____ but I believe that none of this is random, and every decision is from your hand. (Prov. 16:33).

God, help me to remember Your story. I've been far too caught up with my story, especially _____.

God, I have no idea how to endure _____. Please show me your glory in this dark place. (Psalm 29:3, Psalm 107:29)

Lord, I believe you draw near and hear my cry. I long to feel Your presence in my trouble and heartache over _____. (Psalm 71:12).

Father, You are my God. I put _____ (safety, well being, future) in your hand. (Psalm 31:14-15, Psalm 57:1)