

# DISCUSSION QUESTIONS



## Am I a Control Girl?

- Tell about a time God showed you that your 'controller' wasn't plugged in.
- Do you tend to struggle more with fear or anger?
- Tell about a time you were angry. What were you trying to control?
- Tell about a time you were engulfed in fear. What were you losing control of?
- Talk about the difference between HOLD and FOLD. Which one do you find more difficult to do?
- In the storm, the disciples learned: *I am not in control. God is.* How have "cord-dangling moments" helped you gain this perspective?