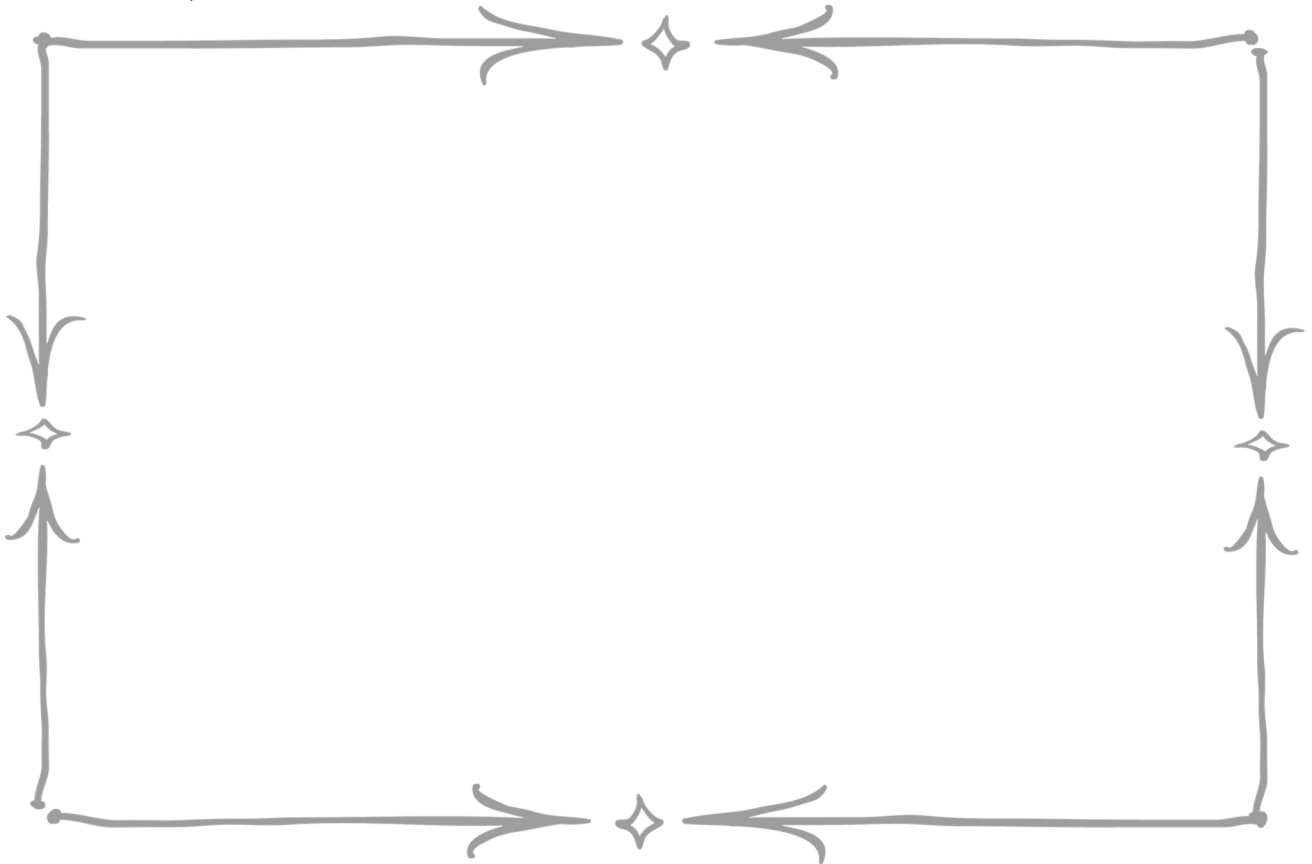


# SOLITUDE TIME



Read the story about the disciples from the first session (Matthew 14:22-33 & John 6:16-21), In the space below, draw a "stick person" diagram of the scene, with wind, waves, Jesus, and the boat.

- \* Add **yourself** to the boat, as a disciple of Jesus.
- \* On the **wind**, list various challenges that God is calling you to face, which you cannot control.
- \* On the **boat**, describe your emotions and behaviors, as you have responded to these challenges.
- \* On the **waves**, tell how God is revealing Himself to you through these experiences. What does He want you to know about Himself?



What has God shown you, so far during the retreat? Write a prayer of surrender to God. First confess the ways you've tried to take control. Give thanks that God is in control, and you are not.